



TRAINA FOODS
Grower • Sun Dryer • Packer

The Idea Book

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Bakery Items

- Hand rolled pretzels with sun-dried tomatoes
- Stuffed French toast with sun-dried fruit and cream cheese
- Sun-dried peach spicy yeast rolls
- Sun-dried apricots scones
- Sun-dried tomato focaccio
- Sun-dried tomato + veggie quiche
- Baker's fruit medley and walnut bread
- California apricot and pistachio bread
- Baker's fruit medley focaccio
- Cheddar sun-dried tomato spicy scones
- Sun-dried fruit baked breakfast sticks
- Sun-dried fruit dumplings
- Sun-dried peach pie filling
- Sun-dried tomatoes in pizza crust
- Sun-dried tomato Parmesan bagels
- Sun-dried fruit and nut bagels
- Morning glory healthy dried fruit & seed muffins
- Dried fruit challah
- Oatmeal sun-dried fruit bar cookies
- California Bing cherry and walnut biscotti
- Sun-dried apricot filled rugelach
- Feta, dried tomato filled filo triangles
- Hamburger buns flecked with sun-dried tomatoes
- Multi-grain fruit and nut sandwich bread
- Mini brioche with mixed fruit medley
- Healthier panettone
- Morning sun-dried fruit focaccio
- Sun-dried peach pies
- Morning pastry with sun-dried fruit filling
- Sun-dried apricot pull-apart rolls
- Sun-dried tomato savory strudel
- Baklava with sun-dried fruit and nut filling
- Cinnamon sun-dried mixed fruit rolls
- Parmesan sun-dried tomato bread sticks
- Sun-dried apricot cream cheese coffee cake
- Mosaic macaroons loaded with dried fruit bits
- Sun-dried apricot oat pancakes
- Puff pastry sun-dried tomato tart with ricotta filling
- Sun-dried diced apricots, plums, cherries, nectarines, peaches or medley in turnovers
- Sun-dried diced fruit in cookies
- Sun-dried diced fruit in golden cakes
- Scones
- Sun-dried fruit bar cookies
- Nut, sun-dried fruit flavorful biscotti
- Sun-dried fruit-filled strudel
- Sun-dried fruit bread pudding
- Creamy rice custard with colorful dried fruit medley
- Noodle kugel served with warm compote of mixed dried fruit
- Contemporary chocolate sun-dried apricot fruitcake
- Sun-dried fruits added to berry crisps
- Ultimate breakfast cookies chock full of dried fruit
- Chocolate chip, baker's fruit medley and nut chippers
- Chocolate dried cherry fruitcake
- Spicy tomato cornbread
- Fresh and sun-dried fruit cobbler
- Apricot mascarpone boboli sweet pizza
- Bread dumpling filled with dried apricots and sweet farmer's cheese



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Beef - Poultry - Pork - Seafood

- Dry rubs made with spiced sun-dried Tomato powder
- Sun-dried Tomato turkey burgers
- Rolled pork loin packed with dried fruit dressing
- Sun-dried Tomato in sausages
- Sun-dried diced Apricots or Peaches in breakfast sausage
- Bing cherries in venison sausage
- Rolled pork loin stuffed with mixed dried fruit
- Chicken breasts with dried fruit pilaf
- Hake with sun-dried tomatoes
- Scallops with sun-dried tomato cream sauce
- Sweet 'n moist meatloaf made with prunes & apricots
- Lamb roasted with sun-dried apricots and lemons
- Pork chops with sun-dried apples and cherries
- Steamed clams with sun-dried tomato aioli
- Spinach, ricotta, sundried tomato stuffed chicken breasts
- Brie, bread and sun-dried pear stuffed chicken breasts
- Turkey meatloaf with sundried tomatoes and seasoned crumbs
- Dried blueberry venison sausages
- Moroccan apricot mint lamb stew
- Simmered chicken, bourbon sun-dried peach stew
- Halibut topped with sun-dried tomato, garlicky, parsley crumbs
- Fresh herb, olive oil, garlic, baker's fruit medley fish accompaniment
- Maple, cranberry pork sausages
- Mixed dried fruit berries over roast duck
- Cherry and sage brown butter sauce chicken
- Dried pineapple, habanero simmered pork
- Sun-dried tomato, golden raisin chicken sausage
- Dijon chicken sausages with cherry and lemon pepper
- Hake smothered in sun-dried tomato cream sauce
- Chicken & veggie roll-ups with sun-dried tomato mayonnaise
- Grilled porterhouse topped with apricot blue cheese butter
- Roasted lamb with sun-dried apricots and pine nuts
- Fig, date and chicken Moroccan pastilla
- Beef brisket with spiced apricots and leek
- Smoked salmon canapés topped with apricot chutney
- Veal chops with dried cherry, sage cream
- Braised chicken legs in baker's fruit medley and olives
- Beef tenderloin served with sun dried tomato dollops
- Worcestershire Dijon fruit medley chicken pan sauce
- Italian sweet and sour dried tomato and golden raisin chicken
- Sea bass with sun-dried peach and pepper salsa
- Poached salmon on jasmine and dried fruit rice
- Tomato based, poached fruit beef stew
- Chicken and dried fruit curry
- Sun dried pear & Dijon cream sauce over grilled white fish
- Herb and dried cherry stuffed veal breast
- Spinach and dried tomato baked oysters
- Grilled flank steak topped with sun dried tomato cheese gratin
- Halibut with caramelized leeks and sun dried tomato topping
- Grilled Romesco pork with sage sautéed dried apricots
- Butter-garlic sautéed dried tomatoes over grilled burgers
- North African Lamb Tagine with Apricots
- Chicken, leek and tomato Parmesan strata
- Pork tenderloin with roasted apricots and pears
- Breaded tenderloin with warm dried cherry sage compote
- Roasted leg of lamb with dried apricot, herbed rice stuffing



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Candy & Confections

- Chocolate covered baker's fruit medley drops
- Chocolate covered dried Apricots
- Diced fruit center-filled chocolates
- Chocolate covered sun-dried bing cherries
- Diced fruit pieces atop chocolate candy
- Diced fruit or fruit halves instead of candy
- White chocolate-almond and fruit medley bark
- Dried Fruit-Milk chocolate haystacks
- Brandy plumped dried apricot wrapped in caramel
- Date shakes, cherry shakes, all flavors shakes
- Sun-dried fruit flavor-filled ice cream
- Minced dried fruit, coconut & nut sweetmeats
- Healthier haystacks – chow mien noodles, chocolate and sun-dried fruit
- Caramelized sun-dried apricots dipped in nuts
- Fruit loving chocolate turtles – with fruit pieces tucked into their pecan feet
- Sun-dried fruit centers floating in brandy syrup
- Heavenly hash fruit bars, marshmallow, pecans, chocolate and fruit chunks
- Brandied cherry enrobed in dark chocolate
- Coconut coated mashed dried fruit
- Rice Krispy fruit and marshmallow treats
- Peanut butter dried fruit cups
- Dried apple slices dipped in caramel and nuts
- Dates filled with chocolate and nut pieces
- Caramel corn with cranberry pieces
- Popcorn fruit balls



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Breakfast Cereals

- Muesli
- Granola
- Oatmeal blends
- Date and honey breakfast polenta squares
- Breakfast sun-dried fruit topped barley
- Baked oatmeal and fruit squares
- Sweet breakfast couscous with dried fruit topping
- Toss sun-dried fruit on a bowl of flakes
- Yogurt, granola, sundried fruit parfait



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Cheese

- Sun-dried tomatoes in cream cheese
- Sun-dried fruit topped brie
- Italian cheese torta with layers of sun-dried fruit
- Sun-dried tomatoes in Havarti and Monterey Jack
- Sun-dried pears served with whipped blue cheese
- Sun-dried diced pear stirred into mascarpone
- Sweetened ricotta with apricot and chocolate pieces
- Dried apricots with goat cheese and pistachios
- Poached apricots topped with mascarpone and honey
- Sun-dried tomato butter
- Sun-dried fruit and herb butters
- Top apricots with cream enhanced blue cheese
- Stuff a dried date with goat cheese
- Wrap a sun-dried tomato around fresh mozzarella
- California dried cherries swerved wine-aged cheese
- Parmesan shaved on a fig and greens salad
- Dip it - buttermilk, chevre, cottage cheese & tomato
- Kirshwasser, almond, smooth cheese & cherry spread



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Exotica

- Sweet rice, dried fruit & nut sushi
- Brown butter sautéed sun-dried apricots
- Mrouzia – sweet lamb with almonds & apricots
- Sweet crostini toppings made with dried fruit and baker's cheese
- Sushi wrappers made with dried fruit
- Savory/sweet sun-dried fruit filled spring rolls
- Kirshwasser fondue
- Fruitons, sun-dried fruit croutons
- Harissa
- Chutneys



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Fast-Food Franchises

- Cream cheese dried fruit stuffed bagels
- Sun-dried tomato salad topping
- Sun-dried fruit as a yogurt topping
- Sun-dried fruit as an additional snack
- Sun-dried tomatoes in sandwiches
- Sun-dried tomatoes and egg breakfast focaccio
- Sun-dried tomato mini-pizzas
- California trail mix on the salad bar
- Select fruit mix on the breakfast bar
- Warm fruit compote cup
- Top baked potatoes with sun-dried tomatoes
- Turkey burgers with sun-dried tomatoes
- Chicken salads with blue cheese-diced apricots
- BFM as oatmeal condiment
- Breakfast burritos with spicy sundried tomatoes
- Baked oatmeal squares with sun-dried fruit filling
- Sun-dried tomato flecked buns
- Panini topped with tomato tapenade
- Grilled steak sandwiches with sundried tomato butter
- Sun-dried tomato powder flecked garlic fries
- Dried berry and yogurt cups
- Dried fruit portion packs
- Chocolate covered dried fruit snack pack
- Grilled eggplant, sun-dried tomato tapenade ciabatta sandwich
- Lavash chicken, pesto, sun-dried tomato wrap
- Sun-dried tomato, bow tie pasta salad
- Grilled chicken breast with sun-dried tomato garlic butter sauce
- Date nut bread and cream cheese breakfast sandwich
- Cranberry orange breakfast sticks
- Taco salad topped with chipotle flavored sun-dried tomatoes



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Frozen Foods

- Frozen Desserts: strudels, scones, soufflés, pie fillings
- Sun-dried Tomato Pizzas
- Fruit turnovers with sun-dried fruit
- Refrigerated crepes with apricot fruit sauce packets
- Packages of frozen blintzes complete with a fruit medley compote pouch
- Packages of sun-dried tomato pesto included with frozen foccacia
- Filo appetizers stuffed with goat cheese and sundried tomato
- Filo appetizers stuffed with blue cheese and apricot bits
- Calzone filled with sweet cheese and dried fruit
- Pizza calzone stuffed with mozzarella and sundried tomatoes
- Dried fruit and nut calzone
- Spinach and sun-dried tomato lasagna rolls
- Sun-dried tomato mozzarella stuffed Tater Tots
- Par baked bread spiraled with cheese and sundried tomatoes
- Mozzarella sticks studded with sun-dried tomatoes
- Sun-dried fruit and cream cheese hot pockets
- Sun-dried tomato Italian breadcrumb stuffed flank steak roulades
- Apricot rice stuffed pork rolades
- Pad Thai spicy tomato tofu bowl
- Thaw and use sun-dried fruit pastry filling
- Apricot almond galette
- Soft pretzels with packets of sweet apricot fruit mustard
- Dried fruit studded braided yeast coffee cake
- Fruit topped carrot cake



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Fruits & Vegetables

- Braised greens with BFM
- Baked apples stuffed with dried fruit & nuts
- Apricot-ginger steamed carrots
- Yams 'n diced apricots
- Greens with chevre, apricots & cranberries
- Apricot & prune compote with aromatic spices
- Sun-dried fruits added to fresh pack fruits
- Fresh apple & dried fruit pies
- Fried fruit pies
- Braised kale with balsamic baker's fruit medley
- Vegetable cheese tart
- Tapenade topped potatoes
- Spinach, sundried tomato gratinee
- Asparagus, sundried tomato vinaigrette
- Vodka marinated green olives and sundried tomatoes
- Sour cream, sundried tomato mashed potatoes
- Salad greens topped with dried fruit
- Baked potato topped with sour cream and sun-dried tomatoes
- Eggplant stacks layered with sun-dried tomatoes and cheese
- Leek and tomato gratin
- White bean, sun-dried tomato stuffed avocado
- Curried Napa slaw with apricots
- Baby carrots with crystallized ginger and apricots
- Dried cranberry, fresh citrus compote
- Zucchini basil and tomato sauté



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General Grocery

- Private label sun-dried fruits and sun-dried tomatoes
- Bulk programs
- Pre-made salads with sun-dried tomato or dried fruit pieces
- Sun-dried Fruit snack-packs
- Sandwich toppings
- Salad bar fixings



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Grains – Rice - Breads

- Cream-cheese apricot stuffed French toast
- Fruit filled waffle batter
- Mixed dried fruit batter biscuits with turbinado topping
- Quick breads enriched with dried fruit and nuts
- Sun-dried tomato Parmesan rolls
- Oatmeal with diced peaches and spicy pecans
- Sweet cream sun-dried apricot barley
- Couscous with sun-dried apricots, toasted almonds and chives
- Eastern European dumpling filled with dried fruit, topped with sweet cheese
- Bing-cherry, almond and bulgur salad
- Rice blends with Sun-dried Tomato
- Wild rice with diced or julienned Apricots
- Sage stuffing with apricots, cranberries or Bing cherries
- Couscous with assorted dried fruit
- Quinoa salad with spinach and dried apricots
- Wild rice with dried apricots and cranberries
- Wheat berry and sun-dried apricot salad



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Health Foods

- Energy Bars: sun-dried fruits or tomatoes
- Snack-Packs
- Lycopene booster packs with Fiber!
- Pizza Bars
- Mixed dried fruit compote
- Trail mixes
- Granolas
- Vegetarian main course grains with dried fruit blends
- Refrigerator sun-dried fruit juice



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Pasta

- Sun-dried Tomato pasta noodles
- Sun-dried Tomato ravioli, tortellini & lasagna
- White beans with sun-dried tomato and spinach sauce
- Sun-dried tomato Alfredo sauce
- Tuna, caper, anchovy and sun-dried tomato sauce
- Blue cheese Alfredo with sun-dried apricot sauce
- Creamy sun-dried tomato sauce
- Double tomato sauce
- Broccoli rabe and sun-dried tomato quick sauce
- Asparagus tips with sun-dried tomato aioli
- Stacked pasta with sun-dried tomato, ricotta and basil filling
- Broccoli, shrimp, sun-dried tomato pasta
- Linguine and olives
- Linguine and arugula
- Pasta, fennel and sausages
- Polenta, slivered Parmesan and sun-dried tomatoes
- Riso, feta cheese and artichokes
- Scallops, baker's fruit medley herb and orange oil pasta
- Goat cheese creamy sun-dried tomato sauce
- Blue cheese & dried cherry ravioli
- Shrimp primavera sun-dried tomato fettucine
- Shrimp asparagus penne
- Spicy sun-dried tomato pasta
- Walnut pesto pasta with dried apricots
- Rustic rigatoni and sun-dried tomato rigatoni
- Farfalle with sun-dried tomatoes and walnuts
- Red hot pesto pasta
- Spring pea and sun-dried tomato pasta with ricotta
- Grilled sun-dried tomato polenta squares
- Roasted fennel sun-dried tomato gemelli
- Greek orzo, olive, tomato salad
- Orecchiette with sausage, pine nuts and tomatoes



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Salad Dressing

- Sun-dried Tomato Vinaigrette
- Steak house sun-dried tomato anchovy dressing
- Creamy sun-dried tomato dressing
- Apricot red pepper vinaigrette
- Sun-dried tomato Louie sauce
- Anchovy tomato sauce
- Garlic, caper, tomato Mediterranean dressing
- Sun-dried plum vinaigrette with sesame oil
- French sun-dried tomato Dijon vinaigrette
- Sun-dried apricot almond oil dressing
- Cinnamon, sun-dried tomato dressing
- Nectarine slaw dressing
- Sun-dried peach and spicy dressing
- Pear, Dijon, cider vinaigrette
- Baker's fruit medley + citrus oil vinaigrette
- Sun-dried pear and fresh pepper mélange creamy herb dressing



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Sauces & Dressings

- Sun-dried Tomato Pasta Sauces
- Sun-dried Tomato vinaigrette
- Peach chipotle barbecue sauce
- Apricot mint sauce
- Lavender honey peach sauce
- Cranberry apricot relish
- Coconut dried pineapple chutney
- Cherry sage butter sauce
- Apricot lime drizzle
- Sun-dried apricot ketchup
- Peach red pepper salsa
- Sun-dried apricot mustard glaze
- Sun-dried Tomato Creamy Dressing
- Sun-dried diced Apricots, Peaches or Nectarines mixed into ranch dressing
- Blue cheese dressing with Sun-dried Apricots
- Sun-dried Tomato Marinades
- Sun-dried Plum Marinade
- Sun-dried Plum BBQ Sauce
- Sun-dried fruit marinade/BBQ sauce
- Sun-dried Apricots in Alfredo sauce
- Sun-dried Fruit sauce base...an excellent fat-free salad dressing base
- Apricot ketchup
- Nectarine infused coleslaw dressing
- Dried peach salsa
- Muscat apricot jam
- Bing cherry barbecue sauce



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Seasonings & Spices

- Sun-dried Tomato Dry Rubs
- Dry Italian seasoning mixes with triple diced tomatoes
- Sun-dried tomato seasoning salt
- Chipotle sun-dried tomato powder
- Chili sun-dried tomato powder
- Parmesan tomato vegetable seasoning shaker
- Sun-dried pear & honey vinaigrette
- Bing cherry balsamic vinegar
- Sun-dried tomato vinaigrette



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Snack Foods

- Brown butter sautéed herbs, nuts and mixed fruit
- Fruit stuffed soft pretzels
- Pizza flavored sun-dried tomato stuffed pretzels
- Snack-Packs
- Granola Bars
- Hand-rolled pretzels with diced sun-dried tomatoes
- Sun-dried tomato powder on potato chips
- Spicy sweet Chex apricot party mix
- Sun-dried fruit sweet-hot jerky
- Pizza jerky made with sun-dried tomatoes
- Sun-dried tomato cheese puffs
- Apricot garlic dip
- Sun-dried tomato pita thins
- Yogurt, granola, fruit parfait
- Dried fruit speckled rice cakes
- Chocolate cover dried fruit blend
- Hot 'n spicy assorted dried fruit and nuts



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Soups

- Sweet & spicy sun-dried tomato soup w. chorizo
- Potato – sun dried tomato soup
- Italian vegetable soup with Sun-dried Tomatoes
- White bean, pasta, and sun-dried tomato soup
- Swedish fruit soup with sun-dried fruit bits
- Sun-dried tomato pistou topped vegetable soup
- Creamy double tomato soup
- Roasted cauliflower soup with sun-dried tomatoes
- Chicken soup with turkey sun-dried meatballs
- Roasted garlic, sun-dried tomato vegetable soup
- Hot 'n spicy tortilla soup with chipotle sun-dried tomatoes



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Syrups – Jams – Jellies – Preserves

- Sun-dried Tomato and golden raisin jam
- California sun-dried apricot chutney
- Fresh nectarine & sun-dried peach chutney
- Dried fig tapenade
- Conserves – of every flavor
- Sun-dried fruit jams with liqueur
- Honey & sun-dried fruit syrups
- Thick fruit sauces with chunks of dried fruit
- Vanilla infused dried apricot jam
- Fresh fruit chutney with dried fruit texture added
- Vanilla syrup with sun-dried fruit and herbs
- Sun-dried apricot cranberry sauce
- Minced meat and apricot filling
- Sun-dried pear and ginger jam
- Red pepper jam with sun-dried apricots
- Sun-dried nectarine smoky chipotle jam
- Bing cherry zesty lemon jam



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Vegetables

- Apricot, rice, pine nut stuffed zucchini
- Italian potato salad with balsamic sun-dried tomatoes
- Whipped cauliflower with Dijon + sun-dried tomatoes
- Butter, garlic and olive oil caramelized tomatoes
- Sun-dried tomato jam
- Spinach-tomato gratin
- Parmesan, tomato topped asparagus
- White bean tomato gratin
- Eggplant, sun-dried tomato stacks
- Broccolini, feta and tomato mix
- Whipped sweet potato + apricot gratin
- Kale sauté with sun-dried pears
- Bing cherry spinach brown butter saute